

PROVE PROJECT FOR RETURN
AND OPPORTUNITY IN
VETERANS EDUCATION



VETERANS YOGA PROJECT

Mindful Resilience



NOW AT QUEENS COLLEGE!

**Every Wed, 9:30– 10:30 AM EST.
Oct. 8th to Dec. 3rd
Student Union Bldg, 4th Floor**



**SIGN UP NOW
SPACE IS LIMITED!**

* MUST BE ABLE TO COMMIT TO *
* ATTENDING AT LEAST 5 SESSIONS *

